

## Categories

### OCEANMAN (MALE – FEMALE)

CATEGORY	AGE RANGE
Junior	Swimmers from 16 – 19 years of age.
Master 20 – 29	Swimmers from 20 – 29 years of age.
Master 30 – 39	Swimmers from 30 – 39 years of age.
Master 40 – 49	Swimmers from 40 – 49 years of age.
Master 50 – 59	Swimmers from 50 – 59 years of age.
Master + 60	Swimmers from 60 years of age.
Inspiration	Swimmers with a degree of disability greater than 33%

## HALF OCEANMAN

<b>CATEGORY</b>	<b>AGE RANGE</b>
Junior	Swimmers from 14 – 19 years of age.
Master 20 – 29	Swimmers from 20 – 29 years of age.
Master 30 – 39	Swimmers from 30 – 39 years of age.
Master 40 – 49	Swimmers from 40 – 49 years of age.
Master 50 – 59	Swimmers from 50 – 59 years of age.
Master + 60	Swimmers from 60 years of age.
Inspiration	Swimmers with a degree of disability greater than 33%

## SPRINT

CATEGORY	AGE RANGE
General	Swimmers of all age groups from 10 years of age.

## OCEANKIDS

CATEGORY	AGE RANGE
Non-Categorical	Swimmers from 7 to 14 years old.

## OCEANTEAM

CATEGORY	AGE RANGE
Male / Female / Mixed	Amateur swimmers from 12 years of age

## Qualifying

### OCEANMAN (MALE – FEMALE)

	<b>0 – 75</b>	<b>76 – 150</b>	<b>151 – 250</b>	<b>+250</b>
<b>TOTAL PARTICIPANTS</b>	<b>SLOTS</b>	<b>SLOTS</b>	<b>SLOTS</b>	<b>SLOTS</b>
Junior	3 Slots	5 Slots	7 Slots	10 Slots
Master 20 – 29	3 Slots	5 Slots	7 Slots	10 Slots
Master 30 – 39	3 Slots	5 Slots	7 Slots	10 Slots
Master 40 – 49	3 Slots	5 Slots	7 Slots	10 Slots
Master 50 – 59	3 Slots	5 Slots	7 Slots	10 Slots
Master + 60	3 Slots	5 Slots	7 Slots	10 Slots
Inspiration	1 Slots	2 Slots	2 Slots	3 Slots

## HALF OCEANMAN (MALE – FEMALE)

	0 – 75	76 – 150	151 – 250	+250
TOTAL PARTICIPANTS	SLOTS	SLOTS	SLOTS	SLOTS
Junior	3 Slots	5 Slots	7 Slots	10 Slots
Master 20 – 29	3 Slots	5 Slots	7 Slots	10 Slots
Master 30 – 39	3 Slots	5 Slots	7 Slots	10 Slots
Master 40 – 49	3 Slots	5 Slots	7 Slots	10 Slots
Master 50 – 59	3 Slots	5 Slots	7 Slots	10 Slots
Master + 60	3 Slots	5 Slots	7 Slots	10 Slots
Inspiration	1 Slots	2 Slots	2 Slots	3 Slots